



St Alban's Catholic Primary School

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Dear Parents,

Cambridge the 8th of February 2024

We hope this letter finds you in good health and high spirits. We are writing to you to provide some important information regarding **Safer Internet Day**, which took place on **6th February**. This awareness day aims to promote the incredible opportunities the internet offers, while also teaching our children about how to keep themselves safe in the face of potential online dangers.

At St Alban's, the safety and well-being of our children are our top priorities. We believe that a strong partnership between the school and parents is essential in ensuring the online safety of our students. Together, we can create a safe and secure environment for our children to explore the digital world.

During these times of increased online usage, it is crucial that children are supervised when accessing the internet. We kindly request that you **keep an eye on your child's online activities**, encouraging them to approach you whenever they come across something inappropriate or potentially harmful. By using the report button on such content, we can work together to address any concerns promptly.

Another effective measure to enhance online safety is the utilisation of **parental controls** on the devices your child uses. These settings allow you to restrict access to certain websites or apps, providing an added layer of protection. Furthermore, it is important to regularly review and update these controls as your child's needs and online activities may change over time.

When allowing your child access to apps and games, we urge you to check the **age rating** before giving them permission. For example, WhatsApp is rated for users aged 12 and above, while Roblox and Minecraft have age ratings of 7 and above. Additionally, please bear in mind that even when playing age-appropriate games, your child may still come into contact with strangers online. Therefore, we strongly advise you to monitor their online interactions and remind them not to share personal information to ensure their safety.

If you require more information or resources on internet safety, we highly recommend visiting the NSPCC and the internet matters websites respectively. They provide excellent guidance and tools to help keep children safe while exploring the digital world. You can access their website at:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/> & <https://www.internetmatters.org/>.

With this in mind, I kindly request that you spare just 10 minutes over the upcoming weekend **to have an open and honest conversation** with your child about their internet activities. Encouraging your children to share their online experiences with you can establish a trusting relationship, enabling them to confide in you when they encounter any issues or concerns. By fostering an open dialogue, we can help them navigate the online world with confidence and caution.

Remind your children that you are there to protect them and make them feel safe while using the internet. It is important for them to know that if they ever come across anything that makes them uncomfortable or if they encounter any online dangers, their first instinct should be to reach out to you or any other trusted adult. Assure them that they will not get into trouble for sharing such information; rather, their honesty will empower you to assist them appropriately.

Thank you for your continued cooperation and support in keeping our students safe. By working together, we can make sure that the internet remains a positive and secure environment for all children.

Warm regards,
James Hor
Inclusion Coordinator
St Alban's Catholic Primary School

The pupils' exemplary behaviour and very positive attitudes towards learning are key factors in their outstanding achievement.

Ofsted 2014

"St Alban's School exists to ensure that all children believe, achieve and succeed".

