



May 2023

To Whom It May Concern,

Thank you for taking the time to read the below. I am reaching out to offer some ideas and opportunities to our local Schools & Colleges to see how we can assist you with rugby fun in the region.

If you have any questions and if any of the below ideas appeal, my contact details are:

Email – <mailto:community@crufc.co.uk>

Telephone – 07563 403742

We would be delighted to take on board any new ideas and schemes that anyone has, so please, just drop us a line and we can arrange a conversation to see how we can help.

We are keen to build a partnership with willing Schools & Colleges in the Cambridge region – and will work tirelessly to bring rugby to the Community.

Thank you for your time,

Nick Dance
Community & Foundation Manager



PROMOTION

In April 2023 Cambridge RUFC achieved promotion from National One to The Championship. This league is the 2nd highest league in England, and next season we will be playing the likes of Wasps, Ealing, Jersey, Coventry, Bedford, Nottingham, Ampthill, Cornish Pirates and more..... Additionally we will play in the Premiership Cup – which have teams from both The Championship & The Premiership involved – Leicester Tigers, Saracens, Northampton Saints and more. Exciting times.....

SUMMER TERM

We have managed to get secure funds from Eastern Counties Rugby Union, and RFU to be able to offer fun rugby activities in Schools in the 2nd half of the Summer term. The pre-requisite from ECRU is that we target 10 & 11 year old girls (Years 5 & 6), however we are keen to offer the fun to the whole year group, not just the Girls. Boys are included. Ideas we can assist with and have funding for:

- Coming to Summer Fairs/Events with some fun rugby equipment and showcasing rugby safely.
- Delivering ongoing fun rugby sessions at Schools - Tag
- Introduction to Rugby session – where we come in with Coaches and deliver a one off session

With each of these activities we will bring information for the young ones so they can pass on details of rugby to their parents and friends. This will include information on rugby clubs in the region, how to join, and how to continue playing rugby in the future.

SUMMER HOLIDAYS

We are scheduling activities at Cambridge Rugby Club over the Summer Holidays, which may be of interest:

TOUCH RUGBY

This is for everyone. All ages. A fun start to the week (Mondays) to come down and throw a ball around. Mixed Ability. We have all ages attending with all levels of experience from newcomers to 1st XV players.

BEGINNER SESSIONS

We will be hosting beginner sessions over the Summer – Girls and Boys, along with Adult Women sessions – dates yet TBC but we would gladly share them with anyone interested once confirmed. This would include Tag Rugby

HOLIDAY CAMPS

We will be hosting Multi Sports Camps at the Rugby Club over the summer. All details will be on our website here – <https://www.cruhc.co.uk/information/rugby-multisports-holiday-camps> Please pass this on to anyone who may be interested. Everyone is welcome.



OPEN DAY

Sunday 27th August, we will be hosting a fun day at CRUFC.

We will be offering Introduction to Rugby sessions in the morning, with each age group, having a fun run around.

Plans are ongoing for this, but if the weather permits it promises to be a great fun day, with BBQ, music, bouncy castles and so on.

SEPTEMBER ONWARDS

The 2023/24 Rugby season starts in September, and age groups will be hosting training sessions every Sunday, with matches against other Clubs starting in October.

We would welcome anyone interested in playing rugby with their friends, and enjoying the sport.

Additionally, of course, if you require any assistance with your Rugby (tag/contact) program, or wish to introduce Rugby to the students/School, we have qualified, DBS approved Coaches who will come in and deliver.

OTHER AREAS WE CAN DISCUSS

1. MATCH DAY EXPERIENCE for students, teachers and parents (*the picture below was taken on a Match Day Experience with Stephen Perse Junior School*)
2. 1ST XV VISIT TO SCHOOLS
3. READING OR ASSEMBLY VISITS – Q&A
4. ASSISTING SCHOOLS WITH RUGBY DELIVERY (ongoing or as a one off)
5. HOSTING EVENTS AT CAMBRIDGE RUGBY CLUB – tournaments etc

