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| Session | Unit Title | Vocabulary/Description |
| **Summer One** |
| **One** | We Don’t Have to be the Same | **Similarities, differences, unique, skills, talents, confident, self-confidence, changeable, teamwork, community, beloved, Child of God.**Children will learn that: Similarities and differences between people arise as they grow and make choices, and that by living and working together – teamwork – we create community Self-confidence arises from being loved by God (not status, etc) |
| **Two** | Respecting Our Bodies | **Body, gift, dis/respect, special, safe, healthy, in/appropriate, balanced diet, exercise, sensible, God, Holy Spirit, choice, responsibility.**Children will learn: About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do. |
| **Three** | What is Puberty? | **Puberty, childhood, adulthood, milestone, timeline, physical growth, development, body changes, emotions, gradual, past, future, Child of God.**Children will: Learn what the term ‘puberty’ means. Learn when they can expect puberty to take place. Understand that puberty is part of God’s plan for our bodies. |
| **Four** | Changing Bodies | **Puberty, childhood, adulthood, private parts, genitalia, penis, testicles, scrotum, vulva, vagina, breasts, hips, pubic hair, muscles, spots, sweat, hormones, mood swings, periods, blood.**Children will: Learn correct naming of genitalia Learn what changes will happen to boys during puberty Learn what changes will happen to girls during puberty |
| **Summer Two** |
| **Session One** – Sharing Online**Session Two** – Chatting Online**Session Three** – Safe In My Body**Session Four** – Drugs, Alcohol and Tobacco**Session Five** – First Aid Heroes |