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| Session | Unit | Topic | Key vocabulary | Overview |
| 1 | Module 2 Unit 3 session 1 | Being safe | Respect, honesty, courage, safe, unsafe | This session helps children to recognise safe and unsafe situations in real life and online. |
| 2 | Module 2 Unit 3 session 2 | Good and bad secrets | good secret, bad secret, surprise, safe, unsafe, temporary, forever, trust, threat, guilty, private matter | In this session, children will learn the difference between good secrets that are safe to keep, and bad secrets that are unsafe to keep. Through activities and teaching, children will learn how to resist pressure when feeling unsafe |
| 3 | Module 2 Unit 3 session 3 | Physical Contact | Body, God, respect, gift, appropriate, inappropriate, rules, private, physical touch, positive negative feelings, affection, safe, unsafe, necessary, unnecessary, permission, secret, trust, comfortable, uncomfortable, harm, private parts,  | This session incorporates (with kind permission) the PANTS resources from the NSPCC that teach children:* Privates are private.
* Always remember your body belongs to you.
* No means no.
* Talk about secrets that upset you.
* Speak up, someone can help
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| 4 | Module 2 Unit 3 session 4 | Harmful Substances | Medicines, drugs, alcohol, cigarettes, tobacco, un/harmful substance, addictive, pills, nicotine, consume, smoke, bleach, needles, liquids, doctor, pharmacy | In this session, pupils will relate their prior knowledge of medicines and the need to be safe around them to new learning about harmful substances .This session is underpinned with the religious teaching that our bodies are a gift from God which we should take care of. |
| 5 | Module 2 Unit 4 session 5 | Can You Help Me? Part 1  | Emergency, police officer, fire brigade, firefighter, ambulance, paramedic, vaccine, 999, injury, sick, pain, struggling, car, crash, help, caution, germs | Underpinned by the religious understanding that we are created to love God and love others, and we should therefore look out for and care for one another, this session explores what makes a situation a 999 emergency through animated teaching, role play and discussions |
| 6 | Module 2 Unit 3 session 6 | Can You Help Me? Part 2 | Emergency, police, fire brigade, ambulance, paramedic, 999, injury, help, twists, sprains, RICE (Rest, Ice, Compression, Elevation), burns, cuts | Underpinned by the religious understanding that we are created to love God and love others, and we should therefore look out for and care for one another, this session introduces children to the principles of basic First Aid through animated teaching, role play and discussions. |

Year 1 RHE plan summer 1 2023