

Themes: Frozen – All About Teeth – Zarg’s World

Intent	Implement
<p>To use movement to depict winter themes. To explore movement when listening to winter music/songs. To develop ideas for dance to accompany ‘Here Comes the Snow’. To develop control when alighting the balance beam. To be able to walk across the balance beam with one foot in front of the other and to hold a pose half way across. To continue to enjoy and take part in Cosmic Kids yoga sessions. To practise rolling ball to and from a partner. To know the difference between an underarm and an overarm throw. To be able to use ribbons to create a flowing and continuous anti-clockwise circular movement. To continue to develop scissor skills learning the different technique required for cutting curved shapes. To be able to form all letters correctly using handwriting model. To know which handwriting group each letter belongs to. To know the Storytime Phonics Sparkle Marks when writing letters.</p>	<p>During P.E. sessions in the hall allow children to listen to a range of Winter themed music to explore movement to. Show children video of different groups performing ‘Here Comes the Snow’ for them to get ideas for their own dance/actions. Children practise and perform dance routines. Show children different ways of getting on and off balance beam for them to find the easiest way. Show children clips of rhythmic gymnasts. Large Apparatus sessions – focusing on use of ribbons, quoits, balls, hoops to accompany different apparatus. Teach ball skills using different types and size of ball: rolling, throwing, catching, passing, underarm and overarm – experiment with different size balls. In pairs – rolling ball to each other along a P.E. bench. Teach a variety of ball games to include the above skills. Scissor Activities: snowflakes, snow people, aliens, planets, lips, mouths and teeth. Handwriting practice – using different writing implements. Use of chalk outside to practise letter formation, creating games, drawing tracks, roads roundabouts to use in small world play. Revisiting Phonic Fairy videos to practise Sparkle Marks.</p>
<p style="text-align: center;"></p> <div style="text-align: center; border: 2px solid black; border-radius: 50%; background-color: #00FF00; padding: 10px; margin: 0 auto; width: 80%;"> <p style="margin: 0;">Reception Class Medium Term Planning Spring 2023 Physical Development</p> </div> <p style="text-align: center;">Key Vocabulary:</p>	<p>Skills:</p> <p>I can make up my own dance moves to accompany different themes. I can get on the balance beam by myself. I can hold a start and finish pose. I can choose a yoga pose on different apparatus in the hall. I can control a ribbon to make a giant circle in the air. I can roll a ball along a P.E. bench. I can cut along a curved line or shape. I know how to form all my letters.</p>
<p style="text-align: center;">Impact</p> <p>The children use their bodies to depict winter themes such as snowflakes falling, icicles, making snowballs and building snowpeople. More children are finding ways to climb onto the balance beam independently and watch others succeed to push them to have a go. Children are able to use different yoga poses on some of the large apparatus. The children enjoy watching ‘real life’ rhythmic gymnasts performing with ribbons/hoops/balls etc.... Children have confidence to get involved with ball games during lunch playtimes and with other year groups. Children use newly acquired skills to make up games involving balls. Children are keen to improve their scissor skills and enjoy a variety of cutting activities. The children continue to make progress with their letter formation and are able to know how to help themselves remember correct letter formation. They can locate letter formation mats to help them with this.</p>	<p>Key Vocabulary:</p> <p>soft landing, reach, swing and spring, bend, jump, head up, body straight, crouch, eyes focus forward, start position, support balance, forwards, backwards, sideways, pump arms, push off, swing leg, alternate feet, watch the ball, reach for the ball, reach and squeeze ball, clap the ball, big hands, ready to catch, be still, eyes focus, knees bent, body parts, balance, foot flat, fast, forwards, backwards, stop, slow, start, safely,</p> <p>Differentiation:</p> <p>Support – continue to support children who find writing difficult to improve their gross motor skills, such as using ribbons to create anti-clockwise circles, regular use of scissors to develop fine motors skills, encourage children to join in group ball games. Challenge – In P.E. lessons challenge children to create sequenced movements on different apparatus. Encourage children to act like gymnasts when getting on and off different apparatus. Set challenging goals for children.</p>

